



Mentor self-assessment

Wondering whether you're good mentor material? Check off the mentor qualities you possess:

- I have a desire to help others succeed
- I have respect for others
- I am willing to pass along information
- I am willing to share information about myself
- I enjoy working with others
- I have a desire to engage with others on an interpersonal level
- I am fair and objective
- I have a desire to learn and grow
- I am honest
- I am attentive
- I have good listening and communication skills
- I have good questioning skills
- I have good people management and leadership skills
- I am willing to give and receive feedback
- I have knowledge of the industry, organization, or field I work in
- I am self-confident and self-aware
- I have common sense
- I have a good business network
- I am non-judgemental
- I am ethical
- I am open
- I am trustworthy
- I am patient
- I have empathy toward others
- I have a motivation to mentor

mentoring **ADVANTAGE** is a program of the CIP Society, a division of the Insurance Institute. The program's goal is to increase the quality and success of mentoring relationships, both formal and informal, within and outside of organizations, in the insurance industry. Find out more at www.insuranceinstitute.ca/mentoring



So what do you think? Do you have what it takes? There's no magic number of qualities needed to be a mentor and chances are you have many of these qualities to some degree.

Regardless of whether you decide to become a mentor, you can also use this list – and your response to it – as a tool to guide you in your own self-development. After all, these qualities aren't just useful in mentoring – they're useful in most aspects of your professional (and personal) life.

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